

TAKE THE **WALK THE WETLANDS** CHALLENGE!

Exploring the Great Salt Lake Shorelands Preserve
Get Outdoors. Get Fit. Have Fun.

We know both nature and exercise are good for you. So combine the two and reap the benefits of living near TNC's Great Salt Lake Shorelands Preserve. We challenge you to walk the visitor center's 1-mile, boardwalk loop a total of 15 times! **Send us your completed log, and you win a free TNC t-shirt! See details below.**

STEP 1: Walk the boardwalk loop - 15 times!

The Visitor Center has a one-mile boardwalk loop trail through the wetlands. Get fit and enjoy nature as you challenge yourself to make it around the boardwalk 15 times. You might choose to do it all in one day or come back several times to complete your 15 loops.

STEP 2: Fill out the log.

Download and print the boardwalk log. Each time you complete a loop around the boardwalk, fill out the date and time.

STEP 3: Take a selfie.

Don't forget to take a photo and share your experience with us! Post it on TNC Utah's Facebook page wall, or use the hashtag **#WalktheWetlands on Twitter and/or Instagram!**

STEP 4: Send us your completed log.

The preferred method is to take a picture or scan your log and email it to utah@tnc.org or you can also mail it to:

The Nature Conservancy
c/o Andrea Nelson
559 East South Temple
Salt Lake City, UT 80402

STEP 5: Win a prize!

Send us your completed log, and we'll send you a TNC t-shirt!



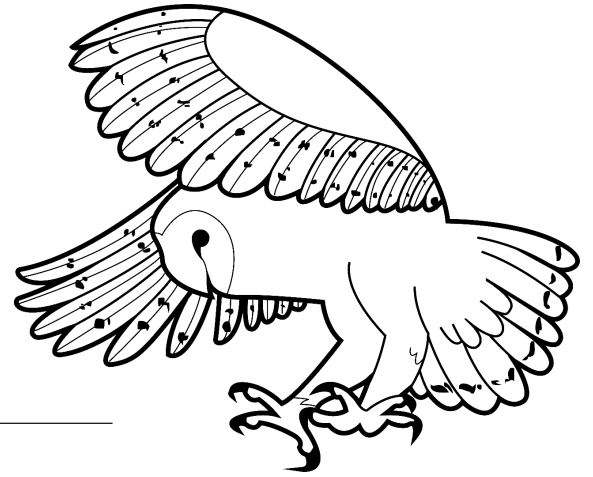
Want to learn while you walk?

Use your smart phone to listen to the free Great Salt Lake Shorelands Preserve audio tour as you go!

Check it out at:
nature.org/gslaudiotour

WALK THE WETLANDS CHALLENGE LOG

Celebrating the Great Salt Lake Shorelands Preserve
Visitor Center's 15th Anniversary



Name: _____

Address: _____

Email: _____

Phone: _____

Date	Time	One memorable thing I saw along the boardwalk
1.		
2.		
3.		
4.		
5.		
6.		
7.		
8.		
9.		
10.		
11.		
12.		
13.		
14.		
15.		

